

Schedule of Lenten & Easter Services

First Friday Rosary

March 7 and April 4 at 6:30 PM

Stations of the Cross

7:00 PM - Friday's during Lent

Solemn Evening Prayer

Every Wednesday evening at
7:00 PM starting March 12, through April 9, 2025

Our Lady of Sorrows

Friday, April 11th, 7:00 PM

Holy Week Mass Schedule

Palm Sunday, April 12

Saturday Vigil Mass - 4:00 PM

Please Note: No confession prior to Saturday
Vigil Mass of Palm Sunday

Sunday, April 13

8:00 AM, 9:30 AM, 11:00 AM,

Holy Thursday, April 17

7:00 PM Mass of the Lord's Supper
Adoration
11:00 PM Night Prayer

Good Friday, April 18

3:00 PM The Liturgy of the Lord's
Passion

Holy Saturday, April 19

10:00 AM — Blessing of Food
8:00 PM - Great Easter Vigil*

Easter Sunday, April 20

8:00 AM, 9:30 AM, 11:00 AM

*Following liturgical guidelines Mass cannot start
before 8:00 PM on Holy Saturday Evening

Lenten Instructions 2025

So that the Church of Metuchen may be spiritually one in a common observance of Lent, the following days of fast and abstinence are to be observed by all Catholics of the Diocese who enjoy the blessings of good health..

1. The days of fast and abstinence are Ash Wednesday and Good Friday.
2. All other Fridays of Lent are days of abstinence.
3. From the Evening Mass of the Lord's Supper on Holy Thursday until the celebration of the Easter Vigil on the evening of Holy Saturday, the Easter fast should be observed so that, with uplifted and welcoming hearts, we may be ready to celebrate the joys of the Resurrection. This ancient tradition, intimately connected with the Rites of Holy Week and the Order of Christian Initiation of Adults, is encouraged, especially in those places baptizing catechumens at the Easter Vigil.

The obligation to fast applies only to Catholics between the ages of 18 and 59. To fast in the Catholic tradition means to limit oneself to one full meal during the day so as to experience hunger.

The obligation of abstinence affects all Catholics who have reached the age of 14. Abstinence in the Catholic tradition means to abstain from meat.

The obligation of fast and abstinence, as a whole, is a serious obligation. While failure to observe any penitential day in itself may not be considered serious, the failure to observe any penitential days at all, or a substantial number of them without good cause, would be considered a grave matter. Those unable to abstain for a valid reason on any given Friday of Lent are asked to perform some other penitential act, or to abstain on another day

THE HOLY YEAR JUBILEE - 2025

Solemn Lenten Evening Prayer



For the Holy Year Jubilee of 2025, Pope Francis has chosen the theme of hope, a virtue that "does not deceive or disappoint because it is grounded in the certainty that nothing and no one may ever separate us from God's love,"

Join us for Solemn Evening Prayer each Wednesday evening at 7 p.m. in Lent starting on March 12th. Each Wednesday evening of Lent, Solemn Evening Prayer will be presided over by a different priest, each giving a reflection on the theme of the Jubilee - PILGRIMS OF HOPE

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| March 5 th | ASH WEDNESDAY MASS |
| March 12 th | Fr. Luke Flecher, CFR |
| March 19 th | Fr. Michael (Solemn Feast of Saint Joseph) |
| March 26 th | Fr. David Keyes |
| April 2 nd | Fr. Jose' Lim |
| April 9 th | Br. Pius, CFR |